

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Can I say something really obvious, I expect pleasure from sex.*

*(Focus Group 1/Angus)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Everyone just assumes it'll be pleasurable.*

*(Focus Group 15/Angus)*

WHAT DO  
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*Most guys probably don't think about the girl's pleasure – or their feelings.*

*(Focus Group 15/Angus)*

WHAT DO  
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*There is definitely an expectation to climax, even if you can't or aren't in the right mood, I think guys just expect a girl to come as soon as they touch you. They don't talk about orgasm and stuff in school so unless you tell them or they ask you, which is just really awkward, how are guys meant to know about it? It's not like in the pornos.*

*(Focus Group 4/PK)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Actions that make you feel good e.g. sex.*

*(15/Dundee/Female)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Excitement, happiness, personal feelings.*

*(17/Dundee/Male)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Fun, enjoyment,  
friendship, love, lust.*

*(16/Dundee/Male)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Someone to talk to, laugh  
with and do fun things with.*

*(21+/Angus/Female)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Cuddles, Netflix,  
chill.*

*(17/Angus/Male)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Excellence, true satisfaction  
of the mind and body, the  
feeling of having put  
worthwhile efforts into one's  
endeavours and a tired,  
smooth feeling.*

*(17/Dundee/Male)*

WHAT DO  
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#MAKEITGOOD?

*Please to me is about  
making each other feel  
wanted and to have a nice  
romantic time together.  
Both partners should feel  
that sense of love and  
affection.*

*(19/PK/Male)*

WHAT DO  
YOU NEED  
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#MAKEITGOOD?

*Sharing intimacy with  
someone else during  
sex.*

*(17/Dundee/Female)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Trust, love and passionate  
feelings.*

*(>16/Dundee/Female)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Trust, happiness,  
security, love.*

*(16/Dundee/Female)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Don't rush it – like maybe  
getting a blowjob or finger first.  
You have to be comfortable to  
be intimate and to be  
comfortable you need to trust  
the person you are with.*

*(Focus Group 4/PK)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Porn and one-night  
stands.*

*(19/PK/Other gender identity)*

WHAT DO  
YOU NEED  
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#MAKEITGOOD?

*Kinky, biting and  
clawing sexual contact.*

*(17/Angus/Male)*

WHAT DO  
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*I have never  
orgasmed.*

(16/PK/Female)

WHAT DO  
YOU NEED  
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#MAKEITGOOD?

*I have had no experience  
in pleasure when it  
comes to sex.*

(17/Angus/Female)

WHAT DO  
YOU NEED  
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#MAKEITGOOD?

*It's trial and error.*

(Focus Group 12/Dundee)

WHAT DO  
YOU NEED  
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#MAKEITGOOD?

*I always get pleasure from  
sex and give please as well.*

(19/Dundee/Male)

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*It works both ways.*

(17/Angus/Male)

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*It's something that you should  
both enjoy. It means talking to  
each other and working stuff  
out, it's pretty unrealistic to  
think you will get it right first  
time together.*

(Focus Group 5/PK)

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*It's dead boring if you are just doing one thing all the time, it's good to try out different things and make it a bit more exciting.*

*(Focus Group 6/Dundee)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*You need to speak, but it's difficult, embarrassing.*

*(Focus Group 12/Dundee)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*You should be able to make mistakes and get your bearing, You need to want something, not just for it to be expected.*

*(Focus Group 15/Angus)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*People are different – into different stuff.*

*(Focus Group 16/Angus)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*You try different things.*

*(Focus Group 16/Angus)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*I find I'm quite open when it comes to pleasure sexually with trying other things making it more exciting, so is my partner.*

*(21+/Angus/Male)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Masturbation, relaxing and  
being happy in myself.*

*(16/Dundee/Male)*

WHAT DO  
YOU NEED  
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#MAKEITGOOD?

*Having a wank xx.*

*(>16/Dundee/Male)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Parents don't want you to  
know that most people  
masturbate.*

*(Focus Group 15/Angus)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Men explore their bodies,  
what they like. Are girls  
expected to masturbate?*

*(Focus Group 15/Angus)*

WHAT DO  
YOU NEED  
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#MAKEITGOOD?

*You don't talk about  
this at school.*

*(Focus Group 12/Dundee)*

WHAT DO  
YOU NEED  
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#MAKEITGOOD?

*You kind of learn with  
experience. Nobody tells you  
that though, it's not like in sex  
ed, they say it's bad, but it's not  
saying don't be embarrassed,  
have fun.*

*(Focus Group 13/Dundee)*

WHAT DO YOU NEED TO  
#MAKEITGOOD?

*Sex ed puts us off having sex. It kind of just concentrates on all the negative stuff, like STIs and getting pregnant when you don't want to. They don't talk about how it can be good...I don't think they want to tell us it can be good; in case everyone would want to do it.*

*(Focus Group 1/Angus)*

WHAT DO YOU NEED TO  
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*The way it's taught in schools you'd think you were going to get split in half or something, it's really not that bad and it's only really like the first couple of times. After that it's ok. But they don't talk about that in school, they just try to scare you into not doing it in the first place. I don't think scaring people works, well maybe when you are much younger, but not when you get older. And actually, I wasn't scared when I was younger, I just wasn't that interested!.*

*(Focus Group 1/Angus)*

WHAT DO YOU NEED TO  
#MAKEITGOOD?

*It should be talked about when you turn 16, they should. But to be honest at school?*

*(Focus Group 14/PK)*

WHAT DO YOU NEED TO  
#MAKEITGOOD?

*Porn influences what people think, people might think they want something they see and then they can't say no.*

*(Focus Group 12/Dundee)*

WHAT DO YOU NEED TO  
#MAKEITGOOD?

*You learn from the internet.*

*(Focus Group 15/Angus)*

WHAT DO YOU NEED TO  
#MAKEITGOOD?

*Consent. Safe. Legal.*

*(16/Dundee/Female)*