

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Having sex with someone
you don't know.*

(16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*When you have sex with
someone that you
wouldn't normally have.*

(16/Angus/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*One night stands is when you go out
clubbing or go to a party – in this case
a BBQ – and the people get very
intoxicated and then go in a tent and
do stuff and never speak again.
Therefore, that is a one-night stand.*

(16/Angus/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Having sexual contact with
someone and then not having
anything to do with them
again.*

(>16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*One night stands can be
good to feel wanted by
someone for a short
duration of time.*

(20/PK/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Some people expect a
relationship to come out of it.
Others just want a one-night
stand.*

(Focus Group 3/Dundee)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*It can be fun but you shouldn't be
careless. Only have one-night stands
with someone you know, who will care
about you and doesn't have any STDs
and use a condom to prevent
pregnancy.*
(16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*As long as both people are
up for it, it's all good.*
(16/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Never had one but would
love to experience one.*
(19/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*A night involving sex with
no strings attached.*
(16/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Not experienced one yet,
hopefully will.*
(18/PK/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

Lad bible worthy.
(16/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*When someone has sex with
a random woman or female
for the night under the
influence of alcohol.*

(16/Angus/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Highly immoral and usually
drunken, result in unwanted
pregnancies and unwanted
emotion, should be
discouraged by any means
possible.*

(17/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Normally fueled by alcohol, a rare
occasion where perhaps two people
have no real connection other than
a sexual desire for each other. More
often than not people who
participate in such activities deem it
a mistake afterwards.*

(17/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*I have only had one one-night stand. I
have slept with 8 boys, but had sex
over 200 times. My one-night stand
was with someone I had known for
about 3 years, we were close friends,
we were both really drunk and he kept
asking me to have sex with him so I
did. I asked him to stop half way
through and he did.*

(>16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Good at the time but
not in the morning.*

(16/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Hurtful, disappointing
and crap.*

(16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

Walk of shame.

(17/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Regretfully, between 16 and 19
I had many, many one night
stands.*

(21+/Angus/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Drunkenness, not safe,
regret.*

(16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Emotionless, hurtful, makes you
feel worthless after it's over.*

(16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Drunken mistake at a party,
with the totally wrong person
and I'm now left
embarrassed.*

(<16/Angus/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*You need to know that they will
be there for you. It's not like a
one-night stand or something
casual, you have to work on a
relationship, it takes time.*

(Focus Group 5/PK)

WHAT DO YOU NEED TO
#MAKEITGOOD?

Just like the same as truth and respect, I wouldn't want to be with someone that is just after a shag 'cos I know they are probably just going to be like that with other people too. So they are just like either really weak, or using you.

(Focus Group 6/Dundee)

WHAT DO YOU NEED TO
#MAKEITGOOD?

I looked at the activities provided at fresher's week when my sister went to university and many of them encouraged the youngsters to take part in that kind of behaviour. I don't care what experience they all have, it's not okay to encourage that kind of behaviour amongst young people.

(16/PK/Female)

WHAT DO YOU NEED TO
#MAKEITGOOD?

I worry that guys just want casual sex, or at least sex without any of the commitment. I know it's probably just a media stereotype, but it's still something I think about. It makes me not trust them.

(Focus Group 2/Angus)

WHAT DO YOU NEED TO
#MAKEITGOOD?

YP1: Boys get a pat on the back, girls get pure slated.

YP2: No matter what you do, if you get a reputation it is never going to leave you.

(Focus Group 9/Dundee)

WHAT DO YOU NEED TO
#MAKEITGOOD?

If they have loads of sex, with everyone, boys are legends and girls are a slag.

(Focus Group 11/Dundee)

WHAT DO YOU NEED TO
#MAKEITGOOD?

I think if people aren't in a relationship and they are just having sex then they are out for a good time. I mean I think this why people have sex outside of a relationship. But how they can make it good, I don't know, because they don't know each other – don't know how their bodies work. It's not like they talk about it beforehand.

(Focus Group 11/Dundee)