

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*I think it's good to be  
happy.*

*(16/Dundee/Female)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*It feels good.*

*(17/Dundee/Female)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Doing what you really enjoy  
and can look forward to.*

*(17/Angus/Female)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Don't worry be.*

*(16/Dundee/Male)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*You have to be happy to feel  
all the good things. You have  
to be happy to enjoy it.*

*(17/Dundee/Female)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Feeling fulfilled in what you  
do daily.*

*(16/Dundee/Female)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Fulfillment in life. Being  
content with yourself.*

*(17/Dundee/Female)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Having no worries,  
loving the life you live.*

*(16/Dundee/Female)*

WHAT DO  
YOU NEED  
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*Self-acceptance, embracing  
hobbies, positive  
environment.*

*(17/Dundee/Female)*

WHAT DO  
YOU NEED  
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#MAKEITGOOD?

*Having a partner could  
make you happy.*

*(16/Dundee/Female)*

WHAT DO  
YOU NEED  
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*When I feel a connection  
between myself and  
partner.*

*(21+/Angus/Female)*

WHAT DO  
YOU NEED  
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*When you are happy and  
feel comfortable in a  
relationship.*

*(>16/Dundee/Female)*

WHAT DO  
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*Needed, must have.*

*(17/Angus/Female)*

WHAT DO  
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*For a relationship to be  
successful everyone should  
be reasonable happy.*

*(18/PK/Male)*

WHAT DO  
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*I am happy in a relationship  
when the girl makes me happy  
and I can make her happy.*

*(16/PK/Male)*

WHAT DO  
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*It's like, I've known people and  
their boyfriends or girlfriends  
really get them down, even  
though they really like them. Your  
relationship should make you feel  
good, should be positive, yeah  
you have to work at them, but  
they should work for you too.*

*(Focus Group 6/Dundee)*

WHAT DO  
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#MAKEITGOOD?

*If unhappy, it'll go  
nowhere.*

*(17/Dundee/Male)*

WHAT DO  
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*If a relationship isn't happy then  
what's the point? If you find you are  
in a relationship and you are not  
happy, or you are waiting for the  
other person to dump you, you have  
to just make the decision and be  
honest with yourself. It's hard,  
nobody wants to hear that stuff  
really, but if you aren't happy then  
what have you got really to lose?*

*(Focus Group 6/Dundee)*

WHAT DO  
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*You have to like, in the first place, get a long and enjoy being with each other, it can't just be that the person is really fit, they have to have a personality too.*

*(Focus Group 6/Dundee)*

WHAT DO  
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#MAKEITGOOD?

*What do you need to make a relationship good? To have things in common. Keep each other happy.*

*(Focus Group 13/Dundee)*

WHAT DO  
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#MAKEITGOOD?

*For a good healthy relationship, you need happiness you need trust, honesty, and everything else.*

*(20/PK/Male)*

WHAT DO  
YOU NEED  
TO  
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*Love someone you can trust and someone who can take care of you.*

*(>16/Dundee/Female)*

WHAT DO  
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*Lots of happiness. Healthy sexual relationship, if it is healthy you should be happy. Spread the happiness, talking to your partners, happy to share information, open conversations.*

*(17/Angus/Other gender identity)*

WHAT DO  
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#MAKEITGOOD?

*You may love each other in a relationship, but if one of you isn't happy, is love really enough?*

*(18/PK/Female)*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Having a laugh. Knowing you can  
trust them. Doing fun things  
together.*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Being Kind.  
Complimenting each  
other.*

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Confident. Good  
friendships. Express  
yourself.*

WHAT DO  
YOU NEED  
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#MAKEITGOOD?

*Quality time. Love. Trust.  
Understanding.*

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