

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Most important
people.*

(16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*You do anything for your
family regardless the
situation, friends may
come and go but family is
forever.*

(16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*It is important to have a
good relationship with
family members.*

(17/Angus/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*People you are around all
the time. They have an
interest in your personal
wellbeing. Love.*

(17/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*The people that you are
surrounded by that love you.*

(16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*You can have a good
relationship with your
family and be close with a
family member.*

(17/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Advice, always there
for you.*

(16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Telling them anything
you want.*

(>16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Families can be easily upset
if there's a lack of
communication. No family
needs to be perfect to be
strong.*

(16/PK/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*People to talk to, not
always understanding.*

(>16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Stressful. Upsetting.
Fine.*

(>16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*If you're gay and not out to
your family, you can't go to
them.*

(Focus Group 15/Angus)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

Family have certain expectations of what they see as your ideal partner.

(18/PK/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

If your mum and dad really don't approve – or they don't like your family – it's awkward or reduces options of how you see each other.

(Focus Group 14/PK)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

Living with family can make things difficult.

(Focus Group 8/PK)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

If your family don't like them, it's a problem – or if they like them too much they take their side!

(Focus Group 12/Dundee)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

Your family can be stressed if they think they're not good enough for you. But if they get on with him it can strengthen it.

(Focus Group 13/Dundee)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

If your family aren't wanting you to bring her rounds yours then where are you supposed to go, just makes it really difficult. Friends I'm not so bothered about, like I care about what my family think so that makes me want to respect them more, but my friends like they'll say whatever anyway, so it doesn't really matter.

But family is important so I care about them, the know me

(Focus Group 7/PK)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*If your family don't approve,
then it makes your life hell!*

(Focus Group 6/Dundee)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Secrets can make it hard
to be with people.*

(Focus Group 1/Angus)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*If I was to have a girlfriend my
mum wouldn't understand, I
would have to hide it.*

(Focus Group 1/Angus)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Family can be good or bad when it
comes to sex and relationships. If
one person's family doesn't like the
other then it puts a huge strain on
the relationship. Also, if one
person's family is uncomfortable
with them having sex or being
sexual then they can interfere with
the relationship and how it
progresses.*

(16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*My dad would let me have a drink
and let boys stay over but then he
would judge me. It feels like is
encouraging it sometimes. My
mum knows who and how many
people I have slept with; I can
speak to my mum about things.
She would rather I was honest
with her. I love speaking to my
mum and I trust her.*

(>16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Because of such difficulties it
may be that young people need
and seek out professional
support; as this contribution
from a focus group identifies: I
think our generation is more
likely to get professional help.*

(Focus Group 15/Angus)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*You can have a close relationship
with a friend and this can make
you feel happy.*
(17/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Always supportive no matter
what. Understanding. Good to
talk to.*
(>16/PK/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

Friends are supportive.
(>16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*People who are there for you no
matter what.*
(17/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*People who you have fun with.
People who you share
personal information with. Ask
for advice when in need.*
(17/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Laughter, happiness, care,
trust.*
(16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Love, companionship, life-
changing, worry, empathy.*

(16/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Protection, trust, good
laughs, lots of memories.*

(16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Got your back, there to
talk to, happiness.*

(16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Friends you really like and can
chat well with are really
important.*

(17/Angus/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*You need them in your life
but you can't always find
them.*

(17/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

Dunno, don't have any.

(16/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Awkward, confusing,
uneasy.*

(17/Angus/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*People you put up with
when they're annoying you
just to not be on your own.*

(17/Angus/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Friends can add
pressure.*

(18/PK/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Friends can say things at
the wrong time.*

(Focus Group 1/Angus)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Peer pressure into losing
your virginity – you don't
want to be the only one
that hasn't done it.*

(Focus group 10/Angus)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*What are some of the things
that get in the way of the
kind of relationship you
want? Friends stirring shit.*

(Focus Group 16/Angus)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

What do you need to
make a relationship good?

Mutual friends.

(Focus Group 12/Dundee)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*People in friend groups then
start to go out because
you've built up trust.*

(Focus Group 15/Angus)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*When you and your friends
start to have sex in a
relationship.*

(>16/Dundee/Female)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

Friends with benefits ;)

(16/Dundee/Mail)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

Threesome x x.

(16/Dundee/Male)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

*Majority girls want
relationships, majority boys
want a shag, friends with
benefits.*

(Focus Group 4/PK)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

What do other people
expect from sex? *Friends
with benefits.*
(Focus Group 5/PK)

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

WHAT DO
YOU NEED
TO
#MAKEITGOOD?

WHAT DO
YOU NEED
TO
#MAKEITGOOD?