

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*Not being able to make a relationship work because of the distance and money spent trying to see each other. Didn't work out and realised it was a mistake.*

(16/Angus/Female)

WHAT DO  
YOU NEED  
TO  
#MAKEITGOOD?

*A very difficult thing.*

(16/Dundee/Female)

WHAT DO  
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*You can have distance in a relationship, this can be hard for people in a relationship.*

(17/Dundee/Female)

WHAT DO  
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*Having time to think alone and reflect without input. Time to be your own person.*

(17/Angus/Female)

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*Aye, if you are living far apart then it's just never going to work. You have to be near the person to share stuff and see each other. Physical stuff is important in a relationship. Like you need to be there to reassure each other.*

(Focus Group 8/PK)

WHAT DO  
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*Distance can be good cause you don't want to be around the person like 100% of the time.*

(Focus Group 4/PK)

WHAT DO  
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*Easier to cheat.*

(16/Dundee/Male)

WHAT DO  
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*Not really sure, distance  
could affect trust.*

(18/PK/Male)

WHAT DO  
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*Stressful, hard, need a lot  
of trust.*

(16/Dundee/Female)

WHAT DO  
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*Trust, honesty and  
hard.*

(>16/Dundee/Female)

WHAT DO  
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*Feeling disconnected  
form those around you.*

(16/Dundee/Female)

WHAT DO  
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*Wanting to fit in but  
feeling left out.*

(17/Dundee/Female)

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*Mobile phones make it easier to know what people are doing, but when you are in a relationship you still want to be with people.*

*(Focus Group 1/Angus)*

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*I had to move cities for University, and at first I was really scared in case a long distance relationship didn't work. But my boyfriend and I make it work by speaking on Facebook every day and seeing each other at least every two weeks. I miss him a lot, but your partner isn't your whole life. You can distract yourself by making new friends or taking up a hobby.*

*(19/Dundee/Female)*

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*Long distance relationships are only real if you were together in person and one or more has had to move away or leave for a bit, but they are intending on coming back. A long distance relationship IS NOT meeting someone over Facebook or Snapchat, messaging them and deciding you are "together" by speaking to them over a screen, and never having met in person.*

*(16/Dundee/Female)*

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*About 4/5 years ago, I was in a relationship with somebody from Dunfermline. All was going really well to begin with but obviously because of the distance and us only being young teenagers, it was difficult for us to see each other, school 4 also made it difficult but we understood that school was necessary. As time went by, and the holidays came we managed to see each other quite a lot. Back to school after the holidays and now going into senior years and going to college, we wanted to see more of each other and we started meeting new people. Unfortunately, the more we wanted to see each other the worse our relationship became due to the fact we couldn't travel. After about 18 months the relationship fell apart and it then ended. We both went our own ways but still speaking to each other after realizing that it wouldn't work between us because of the distance and our lack of ability to travel so much. Time passed and we slowly stopped speaking to the point we have not heard from each other in about 2 years. I hope she moved onto a life she is enjoying, as for me, I moved on to another relationship, after a few others, with somebody who lived locally. (18/Angus/Female)*

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